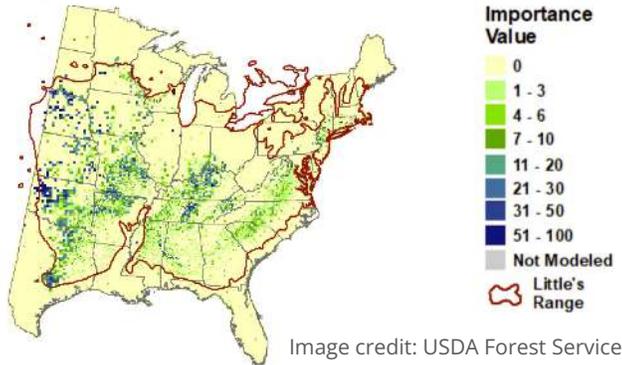




Quick Guide - How to find and use JUNIPER BERRIES (*Juniperus virginiana*)



Geographic Range



Key Features

1. Tall upright evergreen trees found on edges of forests or in fields
2. Shaggy, reddish-brown bark
3. Scale-like, aromatic leaves
4. Ripe "berries" (cones) on female trees are about the size of peppercorns and have a blue, dusty color



Season

Trees stay green year round. Berries ripen from green to blue starting in October and can be harvested as late as February in southern climates.



Warnings

Don't use if pregnant or nursing. Poisonous lookalikes: cultivated mounding & crawling juniper species common in commercial landscapes such as Savin juniper.



Tasty tips

Flavor: potent mix of berries, pine, and citrus. Use as flavoring or spice, not in large amounts.



nerd out



recipes

Foraging wild foods involves risk. This information is for educational purposes only—always confirm identification and safety before consuming any wild plant or fungi.

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